



Please refer to the CEFA BABY At-A-Glance as well as the teaching modifications after the lessons in either the Classical Music component or the Creative Movement and Dance Components. *The YouTube videos are designed to help teachers learn the songs and/or use them as audio files. \*It is highly recommended that teachers teach and interact with the students themselves and do not rely on the videos to teach.*

## WEEK 1

### Big Bugs Small Bugs

*sung to: "Frere Jacques"*

Big bugs, small bugs, big bugs, small bugs,  
See them crawl on the wall?  
Creepy, creepy, crawling, never, never falling.  
Bug, bugs, bugs, bugs, bugs, bugs.

#### Week 1: LESSON 1 - Monday

##### Big Bugs Small Bugs

- Pat to the beat moving the baby's hands apart then closer together.
- On "creep" walk fingers up baby's arm or leg.
- Sing through to the end.

##### Pizzicato Polka

- Hold the baby and move one side to the other on each "bug step".
- Add a gentle wiggle and 3 light claps in Section **A**
- Holding baby turn once round for Section **B**

#### Week 1: LESSON 2 - Tuesday

##### Big Bugs Small Bugs

- Pat to beat showing big & small, creep up with fingers on arms/legs.
- Add creeping fingers and then sliding down arm/leg on "falling".

##### Pizzicato Polka

- Repeat and add two light toe touches on "heel, toe, heel, toe". (See lesson).
- In Sec B add in one gentle movement to the side on "one light bump"

#### Week 1: LESSON 3 - Wednesday

##### Big Bugs Small Bugs

- Repeat as on Tuesday but add 6 gentle baby claps on 'Bugs, bugs, bugs, bugs, bugs, bugs'.

### Pizzicato Polka

- Repeat as per Tuesday but add in Section **C**
- Hold the baby away from your chest on “Step out” and hold close to your chest on “Step in”.

#### Week 1: LESSON 4 - Thursday

### Big Bugs Small Bugs

- Repeat as on Wednesday but transfer claps on **Bugs, bugs, bugs, bugs, bugs, bugs** to pats on the drum/plastic bowl.

### Pizzicato Polka

- Repeat as per Wednesday adding in lightly touching baby’s toes to the ground on “Jump, Jump, Jump” in Section **D**

#### Week 1: LESSON 5 - Friday

### Big Bugs Small Bugs

- Enjoy adding in your favorite instruments on **Bugs, bugs, bugs, bugs, bugs, bugs.**

### Pizzicato Polka

- Enjoy playing from the beginning, adding in any of your favorite parts!

## WEEK 2

### Star Light, Star Bright

Star Light Star Bright  
First star I see tonight  
Wish I may, wish I might  
Have the wish I wish to-night!

### The Butterfly Song

Butterfly, butterfly, up you go.  
Butterfly, butterfly, fly down low.  
Butterfly, butterfly, soar around.  
Butterfly, butterfly, float to the ground.

### Five Little Ladybugs

Five little Ladybugs climbing up a door  
One Flew away then there were four  
Four Little ladybugs sitting on a tree  
One flew away then there were three  
Three little ladybugs landed on a shoe  
One flew away and then there were two  
Two little ladybugs looking for some fun  
One flew away and then there was one  
One little ladybug sitting in the sun  
She flew away and then there were none

## Week 2: LESSON 1 - Monday

### Star Light, Star Bright

- Gently move the baby's hands in a starburst on the word "star" of starlight and starbright.
- Pat legs to the beat.

### Five Little Ladybugs

- Say the *Five Little Ladybugs* poem- show the numbers with your hand.
- Pat legs gently each time "ladybugs" is spoken.

### The Butterfly Song

- Follow the movement directives of the **Introduction** with smooth movements. Gently and slowly move babies arms up on the first "butterfly" then lower on the second. Hold the baby and move gently upwards on "up you go" then lower on "fly down low". On "soar" - move gently to the right or left and float to the ground.

### SUGGESTED TEACHER NARRATIVE:

Ok butterflies. It's time to stretch our wings. Can you stretch up high? Stretch down low. Stretch to the side. Stretch to the other side. Stretch up high  
Stretch down low  
Stretch to the side, stretch to the other side, Twirl around. Twirl the other way. Are you ready for our song? Here we go:

- Sing song

**SUGGESTED TEACHER NARRATIVE:**

It's time to fly and touch up high up into the sky.

Are you up in the clouds? What do you see?

Is it a bird? Is it a kite? Wow. What else do you see? Let's fly back down to the ground so we can sing our song again.

**Week 2: LESSON 2 – Tuesday****Star Light, Star Bright**

- Repeat and add in signaling “1” with the index finger on “first” star. Add swishing of baby's hands to the beat. (See lesson).

**Five Little Ladybugs**

- Repeat and add in “one flew away” by showing the index finger then having it fly away like a bug each time that part occurs.

**The Butterfly Song**

- Follow the movement directives of the intro with smooth movements. Gently and slowly move babies' arms up on the first “butterfly” then lower on the second. Hold the baby and move gently upwards on “up you go” then lower on “fly down low”. On “soar” - move gently to the right or left and float to the ground.

**Week 2: LESSON 3 – Wednesday****Star Light, Star Bright**

- Continue as Tuesday. Pat baby's legs to the beat in Section **A** and swishing their hands in Section **B**

**Five Little Ladybugs**

- Say poem with expression.
- Continue actions on numbers and add in the sound of the jingle bells on the rhyming words door, four etc.

**The Butterfly Song**

- Repeat and use scarves in a ‘fly away’ motion each time “one flew away” occurs.

**Week 2: LESSON 4 – Thursday****Star Light, Star Bright**

- Combine the learned skills from Day 1 – 3: Starburst, pat the beat, 1, swishing on “wish I may, wish I might”

**Five Little Ladybugs**

- Add in a different instrument on the rhyming words. (Pat the drum or tap triangle).

**The Butterfly Song**

- Repeat - add in scarves as “wings” when moving like a butterfly.

Week 2: LESSON 5 - Friday

Choose from any of the songs or poems learned. Add in your favorite instrument parts.

Big Bugs Small Bugs  
Pizzicato (Bug) Polka  
Star Light Star Bright  
Five Little Ladybugs  
The Butterfly Song

**WEEK 3****Bugs around the Town!**

Sung to: "The Wheels on the Bus"

The firefly at night goes blink, blink, blink,  
Blink, blink, blink, blink, blink, blink  
The firefly at night goes blink, blink, blink,  
All around the town

The bees in the flowers go buzz, buzz, buzz....

The ants in the grass go march, march, march...

The crickets in the leaves go chirp, chirp, chirp...

The caterpillar in the field goes creep, creep, creep....

**Oh, the Ants are Busy!**

Sung to: "She'll Be Coming Round The Mountain"

Oh, the ants are busy, busy as can be (clap 2x)

Oh, the ants are busy, busy as can be (clap 2x)

See them dig and dig and dig. Lots of tunnels, oh, so big.

Oh, the ants are busy, busy as can be (clap 2x)

**Week 3: LESSON 1 – Monday****Bugs around the Town!**

- Assist the baby with small movements to blink and buzz, while moving side to side to the pulse of the music. Blink-flick fingers and on "Buzz": move hands to side like wings moving to the beat

**Oh, the Ants are Busy!**

- Tap hands to the beat while singing. Add patting the baby's legs or arms gently on legs, toes, head etc.

**Week 3: LESSON 2 – Tuesday****Bugs around the Town!**

- Continue but add in chirp and creep. For chirp tap fingers together like a birds beak and creep (walk fingers up baby's leg or arm.)

**Oh, the Ants are Busy!**

- Tap hands to the beat while singing. Add in patting the baby's legs, toes, head etc

**Week 3: LESSON 3 – Wednesday****Bugs around the Town!**

- Review song with action words as Tuesday then add in the bells on “All around the town.”

**Oh, the Ants are Busy!**

- March with baby holding baby close. Stop then clap baby's hands 2X at end of the phrase.

**Week 3: LESSON 4 – Thursday****Bugs around the Town!**

- Review song with action words as Tuesday then add in the bells on “All around the town.”

**Oh, the Ants are Busy!**

- March with baby holding close. Stop then tap a favorite instrument 2X at the end of the phrase.

**Week 3: LESSON 5 – Friday**

Choose from any songs learned. Add your favorite instruments!

**WEEK 4****A Fly Is on my Toe**

Sung to: "The Farmer in the Dell"

A fly is on my toe,

A fly is on my toe,

Hi-ho, just watch me blow

A fly is on my toe (blow it off your toe)

Other verses: A fly is on my nose, my head, my ear, my elbow, my knee, etc..

**I'm a Butterfly**

Sung to: "Skip to My Lou"

I'm a butterfly, come fly with me, I'm a butterfly, come fly with me

I'm a butterfly, come fly with me, come fly with me, my darling

Other verses: I'm a butterfly now: dance with me, flutter with me, now sleep like me,

**Bumble Bee**

Sung to: "Jingle Bells"

Bumble Bee, bumble bee, Landing on my nose,

Bumble bee, bumble bee, Now he's on my toes.

On my arms, on my legs, On my elbows.

Bumble bee, oh bumble bee

He lands, and then he goes. Hey!

**Week 4: LESSON 1 – Monday****A Fly Is on my Toe**

- Tap body part indicated to the beat.

**I'm a Butterfly**

- On "I'm a But-ter" - gently move baby's arms upwards, then down on "fly come". Repeat. On vs. 2 "Dance" - (hold baby close and sway). Verse 3-Add movement on "Flutter" -tap baby's arms gently. On "Sleep" - place two hands on cheek and close eyes.

**Bumble Bee**

- Clap 6X then tap body part indicated.

**Week 4: LESSON 2 – Tuesday****A Fly Is on my Toe**

- Repeat as per Monday. Add in the "blow" by gently blowing on whichever body part is called.



**I'm a Butterfly**

- Repeat then on vs. 2 "Dance" - (hold baby close and sway).

**Bumble Bee**

- Tap a drum 6X then tap body part.

**Week 4: LESSON 3 - Wednesday****A Fly Is on my Toe**

- Continue with tapping body parts and the gentle blows.

**I'm a Butterfly**

- Repeat as in Tuesday's lesson then on Verse 3-Add movement on "Flitter" -tap baby's arms gently.

**Bumble Bee**

- Shake a maraca 6X then tap a body part.

**Week 4: LESSON 4 - Thursday****A Fly Is on my Toe**

- Continue with tapping body parts gently and adding in the gentle blows.

**I'm a Butterfly**

- Repeat as in Wednesday's lesson then on "Sleep" - place two hands on cheek and close eyes.

**Bumble Bee**

- Shake jingle bells 6X then tap a body part

**Week 4: LESSON 5 - Friday**

- Review songs from the beginning by adding in your favorite movement parts.
- Choose your favorite songs from this month to move, sing and play with!