

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK ONE	<p><b>Big Bugs Small Bugs</b> Begin by patting the baby's legs to the beat.</p> <p><b>Bug Polka</b> Hold baby and move one side to other on each "bugstep".</p>	<p><b>Big Bugs Small Bugs</b> Pat to beat showing big &amp; small, creep up then slide down on "falling".</p> <p><b>Bug Polka</b> Repeat and add two light toe touches.</p>	<p><b>Big Bugs Small Bugs</b> Repeat as on Tuesday but add 6 gentle baby claps on word "bugs"</p> <p><b>Bug Polka</b> Repeat as per Tuesday but add in Section C.</p>	<p><b>Big Bugs Small Bugs</b> Repeat as on Wed. Transfer claps on Bugs (6X) to pats on the drum.</p> <p><b>Bug Polka</b> Repeat as per Wed. add in touching baby's toes to ground on "Jump" in Sec. D</p>	<p><b>Big Bugs Small Bugs</b> Enjoy adding in your favorite instruments on Bugs (6X)</p> <p><b>Bug Polka</b> Repeat Thursday but add in the "flitter" with maraca.</p>
WEEK TWO	<p><b>Star Light Star Bright</b> Move baby's hands in a starburst on the word "star". Pat legs to the beat.</p> <p><b>Five Little Ladybugs poem.</b> Say poem- show numbers with hand. Pat leg on "ladybugs".</p> <p><b>The Butterfly Song</b> Follow the movement directives for intro.</p>	<p><b>Star Light Star Bright</b> Repeat -add in "1" with the index finger on "first" star. Swish hands to the beat.</p> <p><b>Five Little Ladybugs.</b> Repeat and add in "one flew away"</p> <p><b>The Butterfly Song</b> Follow the movement directives for intro.</p>	<p><b>Star Light Star Bright</b> Continue as Tuesday. Pat legs to the beat in Sec. A. Swish hands in Section B.</p> <p><b>Five Little Ladybugs</b> Continue actions. Add in jingle bells on the rhyming words.</p> <p><b>The Butterfly Song</b> The Butterfly Song - Repeat, add in scarves as "wings".</p>	<p><b>Star Light Star Bright</b> Combine all learned skills from days 1-3.</p> <p><b>Five Little Ladybugs</b> Five Little Ladybugs Add in instruments on rhyming words. (Pat the drum or tap triangle).</p> <p><b>The Butterfly Song</b> The Butterfly Song - Repeat add in scarves as "wings".</p>	<p><b>Your Choice</b> Add instruments!</p> <p><b>Bug Polka</b> <b>Big Bugs Small Bugs</b> <b>Star Light Star Bright</b> <b>Five Little Ladybugs</b> <b>The Butterfly Song</b></p>
WEEK THREE	<p><b>Bugs Around the Town!</b> Assist the baby with small movements to blink and buzz. See lesson below.</p> <p><b>Ants are Busy</b> (She'll be Coming round the Mountain)</p> <ol style="list-style-type: none"> <li>Tap hands to the beat while singing</li> <li>Pat legs, toes, head etc. lesson below.</li> </ol>	<p><b>Bugs Around the Town!</b> Continue and add in chirp and creep. See lesson below.</p> <p><b>Ants are Busy</b> (She'll be Coming round the Mountain)</p> <ol style="list-style-type: none"> <li>Tap hands to the beat while singing</li> <li>Pat legs, toes, head etc. lesson below</li> </ol>	<p><b>Bugs Around the Town!</b> Review song with action words. Add in the bells on "All around the town." See lesson below.</p> <p><b>Ants are Busy</b> (She'll be Coming round the Mountain) March with baby holding close and stop then clap baby's hands 2X at end of the phrase.</p>	<p><b>Bugs Around the Town!</b> Review with actions. Add in the bells on "All around the town." See lesson below.</p> <p><b>Ants are Busy</b> (She'll be Coming round the Mountain) March with baby holding close and stop then tap a favorite instrument 2X at end of the phrase.</p>	<p><b>Your Choice</b> Add instruments</p> <p><b>Bug Polka</b> <b>Big Bugs Small Bugs</b> <b>Star Light Star Bright</b> <b>Five Little Ladybugs</b> <b>Insect Song</b> <b>Ants are Busy</b></p>
WEEK FOUR	<p><b>A Fly is on My Toe</b> (Farmer in the Dell) Tap body part indicated to the beat.</p> <p><b>I'm a Butterfly</b> (Skip to my Lou) On "I'm a But-ter" gently move baby's arms upwards, then down on "fly come".</p> <p><b>Bumblebee</b> Clap 6X then tap body part indicated.</p> <p><b>Big Bug Small Bug</b> as learned in week one.</p>	<p><b>A Fly is On My Toe</b> Add in the "blow" by gently blowing on whichever body part is called.</p> <p><b>I'm a Butterfly</b> Repeat then on vs. 2 "Dance" (hold baby close and sway).</p> <p><b>Bumblebee</b> Tap a drum 6X then tap body part</p> <p><b>Star Light Star Bright</b></p>	<p><b>A Fly is On My Toe</b> Continue with tapping body parts and the gentle blows.</p> <p><b>I'm a Butterfly</b> Repeat as in Tuesday's lesson then on Verse 3- Add movement on "Flitter" -tap baby's arms gently.</p> <p><b>Bumblebee</b> Shake a maraca 6X then tap a body part.</p> <p><b>Bug Polka</b></p>	<p><b>A Fly is On My Toe</b> Continue as learned.</p> <p><b>I'm a Butterfly</b> Repeat as in Wednesday's lesson then on "Sleep" - place two hands on cheek and close eyes.</p> <p><b>Bumblebee</b> Shake jingle bells 6X then tap a body part</p> <p><b>Ants are Busy</b></p>	<p><b>Your Choice</b> Move, sing and play with!</p> <p><b>Bug Polka</b> <b>Big Bugs Small Bugs</b> <b>Star Light Star Bright</b> <b>Five Little Ladybugs</b> <b>Insect Song</b> <b>Ants are Busy</b> <b>A Fly is on my Toe</b> <b>I'm a Butterfly</b> <b>Bumblebee</b></p>